

LONG ISLAND COUNCIL OF CHURCHES

ADMINISTRATIVE OFFICE

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EMERGENCY FOOD CENTER

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Freeport, NY 11520
For information: (516) 868-4989

Barbara Harrison, Food Center Manager
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EASTERN OFFICE

407 Osborne Avenue
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Carolyn Gumbs, Manager
Olga Torres, Food Center Mgr.

DIRECTIONS TO EMERGENCY FOOD CENTERS

Freeport, 450 N. Main Street:

From Southern State Parkway take Exit 21 (Nassau Road). Take Nassau Road south which becomes Main Street, Freeport turn left at Forest Ave. From Sunrise Highway to Freeport. Take Main Street to Forest Ave. and make a right on Forest Avenue. Open Monday-Friday 11-12AM and 1-4PM.

Riverhead, 407 Osborne Avenue:

LIE to exit 73. Take Rte. 58 to Pulaski. Take Pulaski about 1.5 miles to Osborne Avenue. Make a right on Osborne Avenue to the first building on right. Open Monday-Friday 10AM-12 noon, 1-3:30PM.

Our programs are made possible through the generous support of denominations, churches, businesses, foundations, and individuals. If you would like to contribute or volunteer, please call us either at the Hempstead or Riverhead office during regular business hours.

LONG ISLAND COUNCIL OF CHURCHES



“Is it not to share your food with the hungry and to provide the poor wanderer with shelter; when you see the naked to clothe him and not to turn away from your own flesh and blood? Then your light will break forth like the dawn.” Isaiah 58:7

COMMUNITY RESOURCES PROGRAMS

FOOD: We operate two food distribution centers to serve the emergency needs of persons in Nassau and Suffolk Counties. Additional food is given at Thanksgiving and Christmas.

HELP-A-FAMILY: In collaboration with *Newsday* we provide special holiday offerings to families our staff, clergy, partner agencies or their communities identify as being in special need.

(continued inside)

FAMILY SUPPORT: We provide financial support for families who need assistance with housing, utilities, heat, gas and transportation.

PRESCRIPTION ASSISTANCE: A small fund is available to assist with prescriptions, usually by referral from a hospital.

PROJECT EYEGLASSES: We assist farm workers in obtaining eyeglasses.

MIGRANT DINNER: This yearly event began as an expression of our appreciation to seasonal farm workers on the East End who help gather our harvest. It has since expanded to a larger group of those in need.

ADVOCACY: We advocate for a wide range of issues including affordable housing, health care, the environment, social, racial and gender equality, anti-poverty and anti-bias programs, prison reform, substance abuse and domestic violence programs.

Except for advocacy, all of the above require referrals.

CELEBRATING THE PAST CLAIMING THE FUTURE

The LICC's Emergency Food and Nutrition Program was developed in 1970 to meet the needs of individuals and families in crisis who do not have

enough money to take care of necessities, including food. We provide a short-term supply of food while we assist persons in finding more lasting solutions to their needs.

Monetary and food donations to fund our Family Support ministry come from gifts and grants provided by churches, synagogues, civic and fraternal organizations, agencies, schools, foundations, businesses, Federal funds, County contracts, and concerned individuals.

Community food drives, often in collaboration with Long Island Cares, Inc., help to provide food for our pantries. Families, single parents, children, the elderly, and the homeless receive a three-day supply of food. Our Emergency food centers serve over 18,000 clients annually, of whom over half are children 18 and younger. Food assistance is available by referral four times a year in Nassau County and monthly in Suffolk County for residents. Referrals are from faith-based institutions and private and public service partner agencies. We solicit and are grateful for the continued financial and in-kind support of individuals and organizations committed to feeding the hungry and caring for the poor in our midst. Your gifts sustain our ministry.

SUGGESTED IN-KIND CONTRIBUTIONS:

MILK: Powdered, evaporated, and condensed.

CANNED MEATS: Spam, ham, chicken, turkey, beef stew, canned beef has, tuna, salmon, sardines, etc.

CANNED VEGETABLES: Peas, String Beans, Greens, Corn, Carrots, Beets, Beans, Tomatoes, etc.

STARCHES: Canned & boxed potatoes, rice, noodles, spaghetti, assorted pastas, dry beans and peas.

JUICES: Canned and boxed apple, orange, grapefruit, grape, 100% juices.

CEREALS: Oatmeal, farina, cream of wheat, rice, oat, corn flakes, and other wheat dry cereals.

OTHER: Peanut butter, jelly, soups, canned fruit, Jell-O, puddings, cake mixes, sugar, salt, flour, cornmeal, coffee, tea, cooking oil.

TOILETRIES: Toothpaste, toothbrushes, deodorant soap, feminine hygiene products, laundry detergent, toilet paper, paper towels, napkins.

BABY ITEMS: Diapers (all sizes), baby wipes, baby food and juice, formula.

FROZEN TURKEYS: For Thanksgiving distribution and Migrant Thanksgiving dinner.